

THE GRACE ALLIANCE

Looking for Christ-centered mental health solutions?

The Grace Alliance empowers the Body of Christ with simple, innovative and grace-filled mental health support and tools.



SMALL GROUP EXPERIENCES

Small group (Grace Groups) curriculum addressing faith and mental health needs for individuals, families and students.



FREE TRAINING

Fast, high-quality video training (Grace Academy) and ongoing support to start and facilitate any of our small groups.



THRIVE MENTAL HEALTH RECOVERY WORKBOOK

An in-depth, whole-health guide for any mental health journey.



FREE INNOVATIVE CONTENT & RESOURCES

Free e-books, webinars, blogs, videos and more.



THE GRACE ALLIANCE

HEALTHY SOLUTIONS FOR YOUR MIND

mentalhealthgracealliance.org



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